

## FC Groups for Ontario

**NOTE: must be able to attend ALL classes; missed first class - automatic reschedule to waitlist for future group; 2 missed classes in weekly session- will be asked to attend future group; any missed time for weekend intensive, will be asked to sign up for another class**

City	Address	Main Intersection	Schedule	Time	Details
Brampton, ON	CMHA Community Door 7700 Hurontario St. Boardroom (first room on the right) Brampton ON L6Y 5B4	Hurontario St. and Malta Ave.	Wednesdays September 12 -November 28, 2018 MUST BE ABLE TO ATTEND ALL 12 DATES	6:30 pm – 8:30 pm	<b>Status:</b> Open for registration Caregivers, siblings, partners, friends  Sponsored by: The Sashbear Foundation and CMHA
Guelph, ON	TBD	TBD	2 weekends (Saturday and Sunday) Date TBD MUST BE ABLE TO ATTEND ALL 4 DATES!	8:30 am - 5:00 pm	<b>Status:</b> Open for registration Caregivers, siblings, partners, friends  Sponsored by: The Sashbear Foundation
Hamilton, ON	St. Joseph's Hospital 100 West 5th Street Hamilton ON L8N 3K7	Fennell Ave. W & West 5th Street	Tuesdays Jul 31 - Oct 16, 2018	6:30pm - 8:30pm	<b>Status:</b> Open for registration  Caregivers, siblings, partners, friends **Must be within Hamilton Niagara Haldimand, Brant LHIN region (includes Burlington - not Oakville or Mississauga)  Sponsored by St. Joseph's Hospital Hamilton
Hamilton, ON	St. Joseph's Hospital 100 West 5th Street Hamilton ON L8N 3K7	Fennell Ave. W & West 5th Street	Wednesdays Sep 5 - Nov 12, 2018 (incl Oct 31)	6:30pm - 8:30pm	<b>Status:</b> Open for registration  Caregivers, siblings, partners, friends **Must be within Hamilton Niagara Haldimand, Brant LHIN region (includes Burlington - not Oakville or Mississauga)  Sponsored by St. Joseph's Hospital Hamilton
Kitchener, ON	TBD	TBD	2 weekends (Saturday and Sunday) Oct 27 & 28, Dec 1, 2, 2018 MUST BE ABLE TO ATTEND ALL 4 DATES!	8:30 am - 5:00 pm	<b>Status:</b> Open for registration Caregivers, siblings, partners, friends  Sponsored by: The Sashbear Foundation
Mississauga, ON	FAME 50 Burnhamthorpe Rd W #300 Mississauga, ON L5B 3C2	Burnhamthorpe St W & Hurontario St	Tuesdays Sep 18 -Dec 4, 2018 MUST BE ABLE TO ATTEND ALL 12 DATES.	6:30 pm – 8:30 pm	<b>Status:</b> Open for registration  Caregivers, siblings, partners, friends Sponsored by: The Sashbear Foundation and FAME
North Bay, ON	P.E.P building (People for Equal Partnership in Mental Health) 351 Ferguson St, 2nd floor North Bay, Ont	Ferguson St. & Main St. W.	2 weekends (Saturday and Sunday) Date TBD MUST BE ABLE TO ATTEND ALL 4 DATES!	8:30am - 5:00pm (each day)	<b>Status:</b> Open for Registration  Caregivers, siblings, partners, friends  Sponsored by The Sashbear Foundation and Nipissing Family Peer Support Services

City	Address	Main Intersection	Schedule	Time	Details
Ottawa, ON	Will be confirmed once registraton is complete	TBD	Saturdays TBD	Saturdays 9:30 to noon	<b>Status:</b> Open for registration  Caregivers, siblings, partners, friends
Scarborough, ON	St. Paul's United Church 200 McIntosh Street Scarborough, ON M1N 3Z3 (Enter via door attached to parking lot, upstairs classroom)	Kingston Rd & Midland Ave	Mondays Sep 17 - Dec 11/18 no class Thanksgiving Monday <b>MUST BE ABLE TO ATTEND ALL 12 DATES.</b>	6:00pm - 8:00pm	<b>Status:</b> Open for registration Part of YouthCan Project (East Metro Youth Services)  Parents with youth 14 - 18  Sponsored: The Sashbear Foundation and YouthCAN
Thornhill, ON	FC North Thornhill Baptist Church, 8018 Yonge St. Thornhill, ON L4J 1W3	North of Steeles and South of HWY 407	Thursdays Sep 20- Dec 6, 2018	7:00pm - 9:00pm	<b>Status:</b> Open for registration  Caregivers, siblings, partners, friends
Thorold, ON	Mental Health Program Public Health Offices 3550 Schmon Parkway 2nd Floor, Unit 2 Thorold, ON L2V 4Y6	Schmon Pkway and St. David's Rd	Tuesdays TBD	6:30pm - 8:30pm	<b>Status:</b> Open for registration  For parents, spouses, siblings (+17) of someone with BPD
Toronto, ON	Davenport Perth Neighbourhood Centre 1900 Davenport Rd, Toronto, ON M6N 1B7	Davenport & Symington Ave	Thursdays Jun 7-Aug 23, 2018 <b>MUST BE ABLE TO ATTEND ALL 12 DATES.</b>	6:15pm - 8:15pm	<b>Status:</b> Open for registration  Parents, partners, friends, siblings 18+  Sponsored: The Sashbear Foundation and DPNCHC
Toronto, ON	Eastminster United Church 310 Danforth Av, Toronto, ON M4K 1N6 Jackman Room	Danforth (at Chester Station)	Mondays Sep 17 - Dec 11/18 no class Thanksgiving Monday <b>MUST BE ABLE TO ATTEND ALL 12 DATES.</b>	6:15pm - 8:15pm	<b>Status:</b> Open for registration  Part of YouthCan Project (East Metro Youth Services) Parents with youth 14 - 18  Sponsored By: The Sashbear Foundation and YouthCAN
Toronto, ON	North York General Branson Site 555 Finch Ave. West, 5th Floor Toronto, ON M2R 2C	Finch and Bathurst	Tuesdays Sep 18 -Dec 4, 2018 <b>MUST BE ABLE TO ATTEND ALL 12 DATES.</b>	6:30 pm- 8:30 pm	<b>Status:</b> Closed-wait list only  Caregivers, siblings, partners, friends  Sponsored by North York General (Branson)
Toronto, ON	Skylark 40 Orchard View Blvd #102, Toronto, ON M4R 1B9	Yonge & Eglinton Enter via Orchard View Blvd; follow ramp to basement "YouthCan Impact Walkin"	Thursdays Sep 20 - Dec 6, 2018 <b>MUST BE ABLE TO ATTEND ALL 12 DATES.</b>	6:00pm - 8:00pm	<b>Status:</b> Open for registration Part of YouthCan Project  Parents with youth 14 - 18  Sponsored: The Sashbear Foundation and YouthCAN
Wallaceburg, ON	CKCH CKCHC office 808 Dufferin Ave, Wallaceburg, ON	Dufferin Ave and McNaughton Ave	Wednesdays TBD  <b>MUST BE ABLE TO ATTEND ALL 12 DATES.</b>	6:00 pm - 8:00 pm	<b>Status:</b> Open for registration Caregivers, siblings, partners, friends Sponsored by: Access Open Minds & CMHA